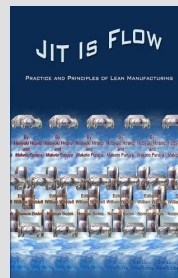
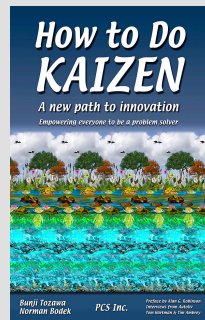
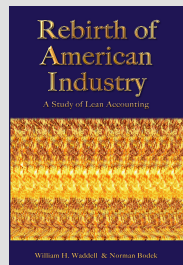
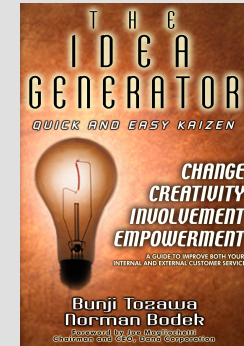
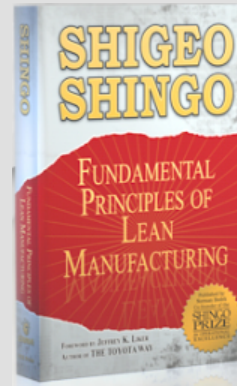
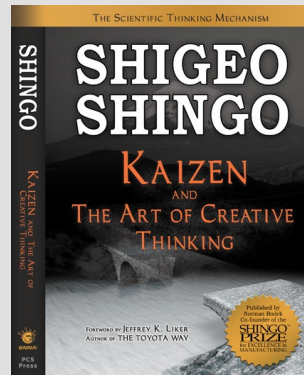
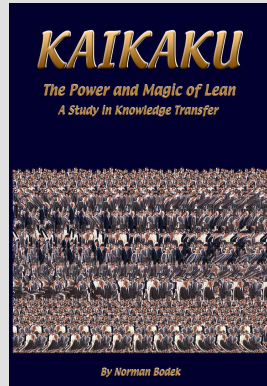


Harada Method Workshop
Marriott Hotel, Portland,
March 5-9th

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World Class Competitiveness



Takashi
Harada

**The Harada Method
The Spirit of Self-Reliance**

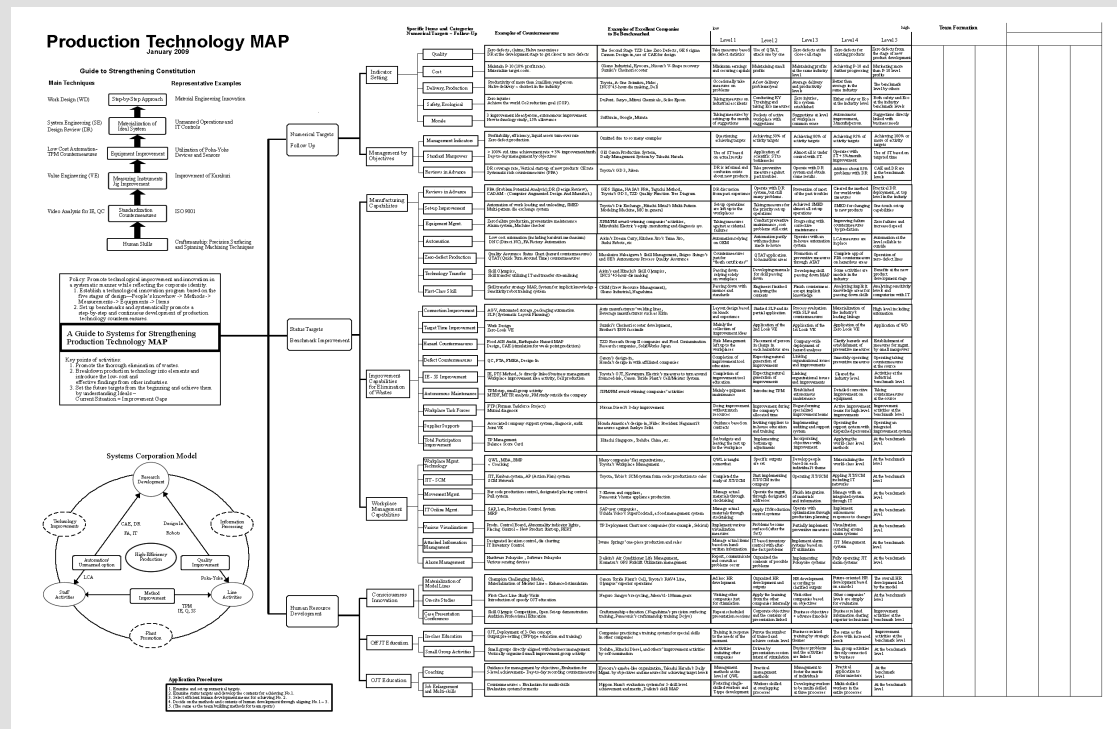
Questions

- Favorite day of the week?
- Do you have lots of fun at work?

The Harada Method

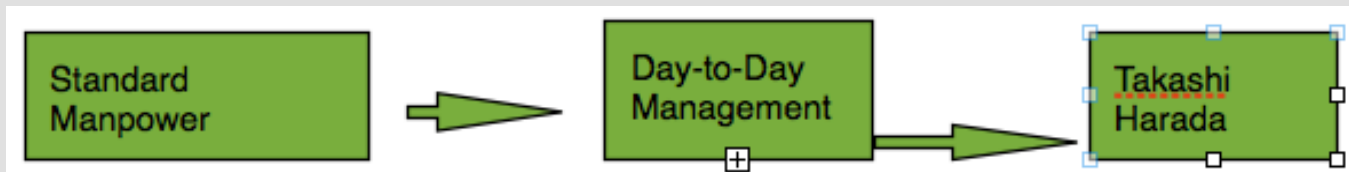
- The world's best technique to develop people to their maximum creative capacity

Horizontal Strategic Planning MAP



Shigehiro Nakamura – The New Standardization : keystone of continuous improvement in manufacturing

World's Best Management Practice



- Harada is rated as the number one consultant in Japan on Day-to-Day management

The Harada Method



Takashi Harada



The Harada Method

- Takashi Harada
- Junior High School teacher – worst school in Osaka
- 13 Students became number one
- School number one five years in a row
- Industry 55,000 people in 280 companies

Principles of the Harada Method

- Self-Reliance
- Goal-oriented
- Develop people to their fullest potential
- Everyone can be successful

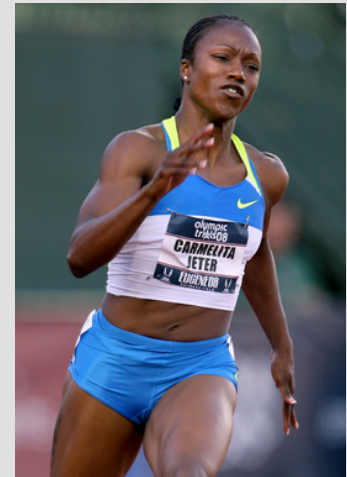
World Champions



Yohan Blake – 100 m



Usain Bolt – 200m



Carmelita Jeter – 100m



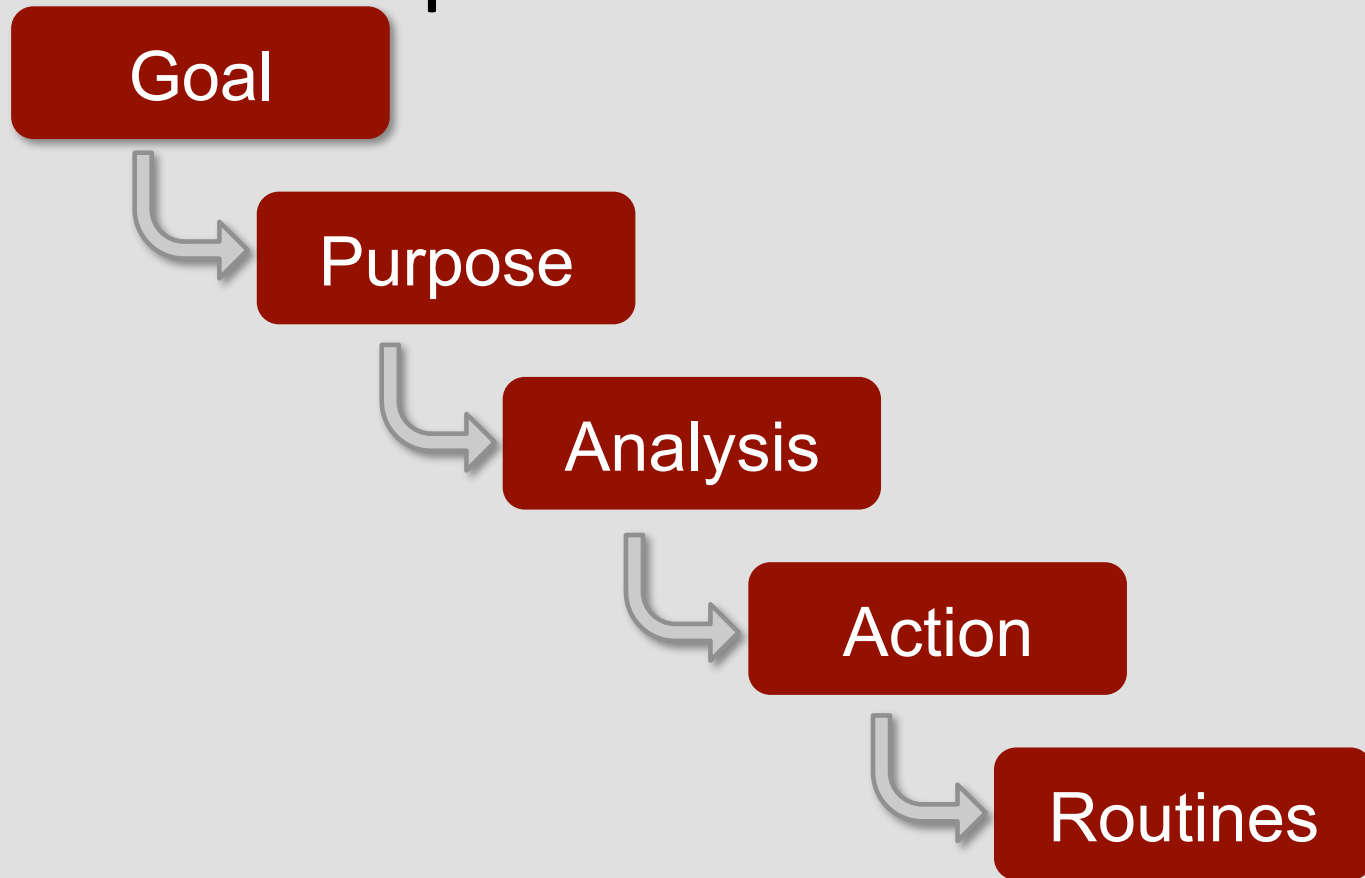
Trey Hardee - Decathlon



Diane Roy – 800m

Harada Method

Steps to Self Reliance



Harada Method takes a Sports Analogy

- Pick an activity to excel at.
- Pick your own goal that is aligned with your vision and your company's success.
- Develop your own time line.
- Create the necessary measures to monitor your progress.
- Determine the real purpose and benefit to becoming a champion for yourself, your family and others.

The Harada Method

- Analyze your past successes to determine their strengths and ensure that you can repeat them.
- Analyze your past failures to determine the weaknesses and create ways to eliminate them.
- Write down 64 tasks/actions needed to reach your goal.

The Harada Method

- List 10 daily routines to establish new habits and break those past patterns that were limiting them.
- Keep a daily diary to see that your tasks/actions were being done at the time scheduled.
- Evaluate your daily performance to motivate yourself to stay on target.
- Learn how to work with a coach to review and improve your daily progress.

What is a self-reliant person?



Uniqlo - What should the manager do?



Self-Reliance

- “This call is recorded for quality purposes?”
- Are you self-reliant?

Harada Method Tools

Long-term Goal Form

The Long-term Goal Form is a detailed template for setting and tracking goals. It includes sections for:

- Goal Setting:** A section for writing down specific goals and the reasons for setting them.
- Goal Tracking:** A grid for tracking progress over time, with columns for dates and rows for different goals.
- Reflection:** A section for reflecting on progress and adjusting goals as needed.

64 Chart

The 64 Chart is a 64-square grid used for tracking progress. Each square contains a number from 1 to 64, and the grid is color-coded in a repeating pattern of red, yellow, and blue.

Routine Check Sheet

The Routine Check Sheet is a template for tracking routine tasks. It includes columns for dates and checkboxes for various tasks, such as:

- Brushing teeth
- Washing face
- Showering
- Getting dressed
- Eating breakfast
- Going to school/work

Daily Diary

The Daily Diary is a template for tracking daily activities and reflections. It includes sections for:

- Daily Activities:** A section for writing down daily activities and reflections.
- 64 Chart:** A 64-square grid for tracking progress, similar to the one in the 64 Chart section.
- Reflections:** A section for reflecting on daily activities and progress.

The Harada Method sounds like the correct combination of tools to turn goals into reality. Norman's energy to continue to share this lean knowledge is inspirational. Chris Riegel

“My experience with you was so great. As a lean practitioner, we strive for continuous improvement everyday in our business and client's businesses. The Harada method is the missing link between continuous improvement, yourself and your mentees. It's comprehensive system allows oneself to take an honest assessment of their life and strive for excellence as wells as fulfillment of dreams. Norman's approach is accessible and well suited to individuals of all learning styles. This is a course well worth the time and investment, with returns far beyond what one would have previously thought possible. Thank you Norman and Will for wonderful experience that has forever changed my approach to developing myself and truly defined my purpose in life.”

– Ryan Allen, Total Systems Development

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